CURRICULUM VITAE

I. BIOGRAPHICAL DATA

Name: Greenberg, Leslie Samuel, PhD

Present Rank: Professor - tenured

Place of Birth: Johannesburg, S. Africa

Date of Birth: 30 September 1945

Citizenship: Canadian

Sex: Male

Marital Status: Married

Children: Two

II. EDUCATION

a) Undergraduate

University of Witwatersrand, South Africa B.Sc. (Eng.) cum laude 1967

b) Graduate

M.Eng., McMaster University 1970 Ph.D., York University 1975

c) Special Professional (e.g. internships, Residencies):

Gestalt Institute of Toronto, 3 year training program 1972-75.

Counselling & Development Centre York U Practicum 1971-73.

Dept. of Psychology Clarke Institute of Psychiatry Practicum 1974-75.

Advanced clinical externship in Family Therapy Mental Research Institute Paolo Alto 1981-82.

Internship in Family Therapy. Veterans Administration Hospital, San Francisco 1981-82.

d) Academic awards and distinctions (prior to final degree):

Electricity Supply Commission Scholarship 1964-1968 National Postgraduate Scholarship of S. Africa 1969-1971 McKenzie Prize for Engineering 1968 Canada Council Doctoral Fellowship 1972/73/74

III. PROFESSIONAL EMPLOYMENT RECORD

Current Position:

Professor - Department of Psychology York University

Previous Positions:

1967 Industrial Engineer, Anglo-Vaal, South Africa

1968 Junior Lecturer, one year appointment Dept. of Mechanical Engineering, University of Witwatersrand, South Africa.

1970 March-September. Research Engineer Westinghouse,

Dept. of Production Engineering, Hamilton, Ontario.

1975 Assistant Professor Dept. of Counselling Psychology, University of British Columbia

1980 Associate Professor Dept. of Counselling Psychology, University of British Columbia

1985 Professor Dept. of Counselling Psychology, University of British Columbia

Visiting Scholar:

Katholiek University of Leuven 1993 April-May

Macquarie University in 1996 Australian Research Jan-Feb

Fellowship

University of Valencia 1996 March -June

Principal University and Department teaching and service responsibilities.

Teaching responsibilities:

York Psych. 6445(06). Advanced Clinical Skills York CNPS 4060 (06). Theories of Counselling

Committees:

Department Recruiting Committee - 1986, 1988, 1990-present Clinical/Counselling Curriculum Revision Committee - 1990-present Senior Promotion & Tenure Committee - 1990, 1991, 1995 1999-present Departmental Executive - 1991-1994

IV. PROFESSIONAL ACTIVITIES

a) Memberships in professional and learned societies:

American Psychological Association 1976-present
Canadian Psychological Association 1975-present
B.C. Psychological Association 1976-1986
Society for Psychotherapy Research 1975-present
Association of Humanistic Psychology 1974-1977
American Personnel and Guidance Association 1976-1982
Canadian Guidance and Counselling Association 1976
Fellow of the Gestalt Institute of Toronto 1977-1982
Association for the Advancement of Behavior Therapy 1990-1994
Society for Exploration of Psychotherapy Integration 1984-present
Association for the Advancement of Gestalt Therapy 1995-

- b) Academic or professional awards and distinctions:
 - 1984 Early Career Contribution to psychotherapy research. Society for Psychotherapy Research: An international multidisciplinary scientific organization
 - 1984 Donald K. Sampson award for outstanding contribution to Education and Teaching of Psychology in British Columbia. British Columbia Psychological Association
 - 1994 York University, Faculty of Arts Leave Fellowship
 - 2003 Deans award for outstanding research: Faculty of Arts
 - 2004 Distinguished Research Career award of the International Society of Psychotherapy Research
 - 2006 Canadian Council of Professional Psychology programmes Award for Excellence in Professional Training.

Conference Presentations:

i) International

1974-77 Society for psychotherapy research. Annual presentations on events based research and task analysis

- Summer 1978: Society for Psychotherapy Research, an international, multidisciplinary, scientific organization. Invited member of workshop on Comparison of Process Systems as Descriptors of Productive Interactions in Psychotherapy. Toronto, Ontario. June, 1978.
- Summer 1979: Society for Psychotherapy Research.Invited member of a workshop on <u>The Design of a Comparative Process Study on Significant Psychotherapeutic Events</u>. Oxford, England, July, 1979.
- Summer 1980: Society for Psychotherapy Research. Invited member of a workshop on <u>Behavioural Context Methods</u>. Asilomar California, June, 1980.

Society for Psychotherapy Research. Invited member of a workshop on <u>Measuring the Therapeutic Alliance</u>. Asilomar California, June, 1980.

Summer 1981: Society for Psychotherapy Research. Invited member of a workshop on Methods of Intensive Analysis. Aspen, Colorado, June 1981.

Society for Psychotherapy Research. Invited member of a workshop on Experiencing and Focusing as a Therapeutic Task. Aspen, Colorado, June, 1981.

Society for Psychotherapy Research. Paper presentation relating process to outcome <u>Resolving Intrapsychic Conflict</u>. Aspen, Colorado, June, 1981.

Summer 1982: Society for Psychotherapy Research. Chairman of workshop on <u>Specific Measures of Session Outcomes</u>. Smugglers Hotel, Vermont, June 1982.

Society for Psychotherapy Research. Invited member of workshop on <u>The Therapeutic Working Alliance</u>. Smugglers Hotel, June 1982.

Society for Psychotherapy Research. Invited member of workshop on <u>Identifying Mechanisms of Change</u>. Smugglers Hotel, Vermont, June, 1982.

Summer 1984: Society for Psychotherapy Research, Lake Louise, Alberta, June, 1984.

Chairman of workshop entitled <u>Cognitive Affective and Behavioral</u> Change Processes.

Invited member of workshop on <u>Developing a Neutral Language for Describing Therapist Interventions</u>.

Invited member of workshop on <u>The Task Analyses of Change Events from Different Approaches to Therapy</u>.

Invited member of workshop on <u>Sources of Invalidity in Psychotherapy Research</u>.

Summer 1985: <u>Society for Exploration of</u>
Psychotherapy Integration, Annapolis Maryland, June 1984.

Chairman of workshop on: <u>Gestalt therapy</u>; <u>An integrated object relations behaviouristic phenomenological approach.</u>

Invited member of workshop on Affect cognition and action.

American Family Therapy Association, San Diego, California, June 85. Invited member of plenary session on Research in Marital and Family Therapy.

Society for Psychotherapy Research, Chicago, Illinois, June 85.

Invited member of a workshop on Task Analyses of change events.

Roundtable discussion on Individual Differences in Psychotherapy Research.

Summer 1986: <u>Society for Exploration of</u>
<u>Psychotherapy Integration</u> (SEPI). Toronto, Ontario, May 86.

Invited member of a plenary session on <u>Research approaches to Integration.</u>

Member of workshop on Integration in Couples Therapy.

Society for Psychotherapy research, (S.P.R.) Boston, Mass, June 86.

Chairman of panel on <u>Change Process Research: New Developments</u>

Member of Workshop on <u>Research Developments in Marital and Family Therapy</u>.

Summer 1987: <u>SEPI</u>. Chicago, Illinois May 87.Presented paper on specifying therapeutic events as a means of integration.

Invited discussant on <u>The role of affect and cognition in Davanloo's brief dynamic therapy</u>.

SPR Ulm, Germany, June 1987. Paper presented on <u>Experiential</u> therapy theory of depression.

Paper presented on Therapeutic tasks in the gestalt approach.

Summer 1988: Society of Psychotherapy Research SPR, Evanston June 1988. a) Analysis of Change in Different Tasks. b) The Working Alliance

The First International Conference on Client Centered & Experiential Therapy, Sept. 1988, Leuven, Belgium: Two fundamental dimensions of experiential therapy. Invited Plenary address.

Summer 1989: British Society for Psychotherapy Research, Ravenscar England, April 1988. Keynote speaker. The future of Psychotherapy Research.

Society for Exploration of Psychotherapy Integration (SEPI) Berkeley Calif., April 1989.

- 1. Paper on: Deterioration in Experiential Therapy.
- 2. Co-leader of discussion group on: Research on integration.

SPR Toronto, Ontario, June 1989.

- a) Paper on the working alliance and outcome in psychotherapy.
- b) Panel on Training to Competence.
- c) Moderator of Panel. Investigative and Discovery Oriented Research.

Fall 1989: European Society for Psychotherapy Research, Berne, Switzerland, September 1989. Paper on Discovery oriented approaches to research.

Association for the Advancement of Behavior Therapy, Washington, D.C., November 1989.

- a) Workshop on Combatting negative cognition with emotion.
- b) Invited Address: Emotion in Psychotherapy.
- Summer 1990: Society for the Exploration of Psychotherapy Integration (SEPI), April 1990, Philadelphia.
 - a) Comparison of behavioral and experiential use of two chair dialogue.
 - b) Comparison of three approaches to psychotherapy.

SPR. June 1990, Virginia.

- a) Chairman of Panel on Therapeutic Weeping Events.
- b) Presidential address. Change process research.
- c) Panel on the working alliance: Where are we and where do we go from here.

International Society for Research on Emotion. July 1990. New Brunswick, N. Jersey. Emotion in Psychotherapy.

Summer 1991: SEPI July 1991. London England. The internal critic.

SPR June 1992 Lyon France.

- a) In session and post session outcomes.
- b) Development in working alliance research.

INSERM. The French National Institute of Mental Health Conference on Psychotherapy Research. The working alliance.

Fall 1991. November Association for the Advancement of Behavior Therapy, Emotionally Focused Couples Therapy.

SEPI April 1992 San Diego:

- a) Resistance to Change.
- b) Plenary address on Empathy and Interpretation. May 1992, Norwegian National Research Council: Oslo. Psychotherapy Research Invited Presentation.

SPR June 1992: Berkeley.

- a) The York Unfinished business project.
- b) Investigating in session resolution.

Fall 1992. American Family Therapy Association. Nov Florida: Invited address on Integrating research and clinical investigation.

SEPI April 1993: New York.

- a) Self and Other Representations in Unfinished business.
- b) Demonstration and Discussion of Integrative Psychotherapies.

SPR June 1993. Pittsburgh.

- a) The York Experiential Therapy of Depression Project.
- b) Resolving Unfinished Business.
- c) The alliance across treatment approaches.

American Psychological Association, Toronto, Aug. 1993.

- a) Empathy
- b) Process Research.

SEPI July 1994. Buenos Aires

- a) Empathy and Interpretation
- b) Panel in the future of integration

Constructivist Conference July 1994. Buenos Aires

- a) Dialectical Constructivism
- b) Panel on construction in psychotherapy

SPR June 1995. Vancouver

- a) The York Experiential Therapy of Depression Project
- b) Emotion and Emotional Pain in Psychotherapy

SEPI April 1995. Washington, DC

a) Two-chair dialogue: Comparison of two approaches.

An average of 3 conferences attended a year and an average of 2 presentations per conference from 1995 to present.

RECENT KEYNOTE ADDRESSES

2000 Plenary address: Emotion in Psychotherapy Integration. Society for Psychotherapy Integration. April. Washington, DC. Plenary address: Is Emotional Arousal necessary in Psychotherapy.

Fifth International meeting of Constructivism in Psychotherapy. Sept. Geneva, Switzerland.

Invited Workshop on Clinical Phenomenology of affect with Diana Fosha Society for Psychotherapy Integration. May,. San Francisco.

2001 Invited Speaker Dept of Psychiatry. University of Toronto, Research Day April.

	Keynote Speaker. Canadian Counselling Association. May Ottawa
2002	Keynote address at Australian Association of Cognitive
	Behavioural Therapy. Beyond Belief: Toward an Affective
	Cognitive Behavioural Therapy. July, Brisbane
	Invited lecture. University of Queensland Brisbane. June
2003	Invited address at the Constructivism in Psychotherapy A
	dialectical constructivist approach to Emotion-focused therapy.
	Bari Italy June
	Keynote address. Being and doing in psychotherapy. World
	Association of Client-Centered and Experiential psychotherapy.
	Egmund aan de Zee. July
2004	Keynote Address. The Dialogical self Conference . Warsaw Poland
	August
	Keynote Address: the Wisdom of Client Centered therapy. Leuven

n June

Invited speaker Guangzhou University. Guangzhou. June China Invited address: Change Process Research McMaster University Dept. of Psychiatry Research Day April

Keynote address: Emotion in conflict Resolution. Society for Research into Pastoral Counselling in Ottawa. April

2005 Keynote speaker Society for Psychotherapy Integration May Toronto

> April Ohio Chapter of the Society for Psychotherapy Research in Toledo Ohio

Distinguished Research Lecture at the Medical College of Ohio for Research Day April Toledo Ohio.

Keynote Speaker Chilean Society for Psychotherapy Research August Renaca Chile

Invited Lecturer. Universidad Mayor Temuco August Invited Lecturer. Universidad Mayor SanTiago August Invited Speaker . World Congress of Cognitive Therapy June Goethenburg Sweden

Invited speaker. University of Oxford Cognitive Therapy Centre June Oxford England.

Invited speaker. Psychological Association of Newfoundland Sept 2006 (pending) Invited Hebb Lecture Mc Gill Univesity April Montreal

> Keynote speaker International Association of Marital and Family Consellors April Ottawa

> Keynote speaker. Psychological Society of Saskatchewan

May

Professional Committees and Consultancies

- 1983 Consultant to Department of Health and Human Services U.S.A. Alcohol: Drug Abuse and Mental Health Administration (ADAMHA) National Institute of Mental Health (NIMH)
 - 1. Advisory Committee for Process Research, October.
 - 2. Advisory Committee on research funding directions for experiential counselling and psychotherapy, November.
- 1984 Member of the Special Review Committee for review of grant applications for research on the psychodynamic treatment of non psychotic disorders. Department of Health and Human Services, U.S.A., ADAMHA, NIMH, October, 1984.
- 1986 Consultant to Department of Health and Human Services U.S.A. Alcohol: Drug Abuse and Mental Health Administration (ADAMHA) National Institute of Mental Health (NIMH) Rockville, MD.
 - 1. Advisory Committee on research directions to promote psychotherapy integration.
- 1989-1990 Advisory Conference to Director of NIMH on Future Directions of Psychotherapy Research.
- 1991-1992 a) NIMH Treatment development research advisory conference. b) NIMH Bridging the gap between basic behavioral research and psychosocial treatment.
- 1979-86 A variety of professional consultancies on individual group and family therapy.
- 1987-90 Consultant to Corporate Health Employment Assistance Program.
- 1987-88 Research Consultant to East Metro Youth Services.

Editorial Boards

1984-86 -Cognitive Therapy and Research 1985-95 -Journal of Marital & Family Therapy 1985- 1998 -Cognitive Therapy: An International Quarterly 1986-present -Journal of Psychotherapy Integration

1988-1990 - Journal of Consulting & Clinical Psychology 1988- 2000 - Journal of Family Psychology

1990-1998 -Psychotherapy Research

1995-present -Constructivist Psychotherapy

1998 – present. Journal of Marital & Family Therapy

1998 - present. Journal of Clinical Psychology: In Session

1999 - present. Journal of Clinical Psychology

2000 - present. Person Centered & Experiential Psychotherapies

Reviewer

1977- present -Ad hoc reviewer for 9 journals and 3 granting agencies

Guest Speaker

1976-present Variety of presentations at Canadian and American Universities

e.g.:

- 1989 Dept. of Psychology, Faculty of Education, Columbia University, New York, Psychotherapy Research.
- 1989 Dept. of Psychology, University of California, Santa Barbara, Emotion in psychotherapy.
- 1991 Dept. of Psychology, Columbia University, New York Dept. of Psychology, Yale University, CN.
- 1992 Dept. of Psychology, University of Missouri, Columbia James McWhinney Lecturer.
- Dept. of Psychology, SUNY, Stony Brook, Research on Experiential Therapies.
 Penn State University. Emotion in Psychotherapy.
 Invited speaker, Stanley G. Hall, symposium on Emotion, Williams College, Williamstown, Massachusetts.
- 1993–present . A variety of colloquia, symposiums and workshops at Universities and Provincial and State Psychological Associations.

1995- present. Conducted invited professional training workshops in Sweden, Germany, Portugal, Spain, Italy, Holland, Belgium, England, Scotland, Ireland, Norway, Finland, Denmark, Argentina, Brazil, Chile, Australia, New Zealand, Hong Kong, China. Singapore, India, Korea, Taiwan and Japan as well as workshops across Canada and the US.

Community Service

A variety of workshops and consultations from 1975 to present on counselling and psychotherapies with individuals, group and families.

V. RESEARCH AND PROFESSIONALLY RELATED SCHOLARLY AND CREATIVE ACTIVITIES

a. Areas of Special Interest and Accomplishment in Discipline:

Psychotherapy process and outcome research Marital therapy research Counselling adults and college students Marital and family counselling Experiential psychotherapy Emotion in psychotherapy

- b. Research or Equivalent Grants Received as Principal Investigator.
- 1977 U.B.C. Humanities and Social Science Research Grant. The Differential Effects of Different Intervention, 1977-78. \$750.00.
- 1978 U.B.C. Humanities and Social Science Grants Committee. Comparison of Two Treatment Interventions at a Conflict Marker, 1978-79, \$1,166.00.
- 1979 U.B.C. Humanities and Social Science Grants Committee, Toward a Task Analysis of conflict resolution. 1979-80, \$1,000.00
- 1980 Social Science and Humanities Research Council of Canada, Decisional Conflict Standard two year grant 1980-82, \$30,000.00.
- 1981 Provincial Summer student grant, 1981, \$2,310.00. Social Science and Humanities Research Council of Canada Leave Fellowship, \$12,400.00.
- 1983 Provincial Summer student grant 1983, \$1,200.00.
- U.B.C. Humanities and Social Science Grants Committee. The Working Alliance in Couples Counselling, \$1,500.00.
- 1983 Social Science and Humanities Research Council of Canada. Differential effect of couples counselling treatments. One year grant 1983-84, \$9,000.00.
- 1984 Provincial Summer Student Grant 1984, \$1,200.00.

Social Science and Humanities Research Council of Canada Resolving Marital Conflict, 2 year grant 1984-86, \$33,000.00.

1986 Social Science and Humanities Research Council of Canada Relating Process to outcome in Marital Therapy, 5 month extension 1986-87, \$7,750.00.

1987 Social Science & Humanities Research Council. The therapeutic alliance, \$19,750.

1989 Social Science & Humanities Research Council. (SSHRC) Experiential Therapy: Adherence Measure, \$49,000.

1991 SSHRC Resolving Unfinished Business \$93,000.

1993 SSHRC. How does therapy work \$123,000.

1991 National Institute of Mental Health NIMH. Experiential Change Processes in Depression, \$415,000.

1998-2000

Ontario Mental Health Grant. Specific factors and sustained change in the psychotherapy of depression, \$118,000.

1999-2001

SSHRC. Emotional Change Processes \$101,000.

2001-2004,

Campaign for Forgiveness Research. Forgiveness in psychotherapy, \$265,000

1/03/2003 to 1/03/2006

SSHRC Differential emotional processing in Cognitive, Interpersonal and Experiential therapy. 147,000

Theses supervised since 1993:

Doctoral Chair: (since 93)

Sandra Paivio. 1993. Evaluation of Gestalt Empty Chair Work for Unfinished Business.

Malhini Singh. 1993. Session change in the treatment of Unfinished Business. Shelly McMain. 1996. Person Schema Change in the treatment of Unfinished Business.

Liz Bolger. 1996. The experience of pain in adult children of alcoholics.

Rhonda Goldman. 1997. Experiencing in Psychotherapy: Its relation to outcome.

Elizabeth Mckay. Unfinished business and Adult Children of Alcoholics.

Lorne Korman. 1997. Emotion episodes in psychotherapy.

Wanda Malcolm. 1998. The resolution of unfinished business and therapeutic outcome.

Bill Whelton. 2000. Affective processes in self criticism.

Shari Geller. 2001. Therapeutic Presence.

Serine Warwar (2003). Relating emotional processes to outcome in Experiential therapy of depression.

Masters Chair

Bill Whelton. 1994. Degree of Resolution of Splits.

Serine Warwar. 1995. Depth of Experiencing in Sessions.

Karen Hirscheimer. 1994. Degree of Resolution of Unfinished Business.

Rebecca Pederson. 1994. Verification of a model of the resolution of unfinished business.

Jonathan Carryer. 1997. The process of resolution and therapeutic outcome.

Alberta Pos. 1998. Emotion episodes depth of experiencing and outcome.

Jen Ellison . 2002. Recovery and relapse in the treatment of Depression

Andrew Miki 2003. Individual differences in the treatment of Depression

Dinchar Kocalar 2005 Emotional Processing in Psychotherapy: A comparison between

Cognitive-Behavioral and Process-Experiential Approaches in the Treatment of Depression

Honours Chair (since 2000)

Vahe Avagyan	2000.	Emotional Arousal in pychotherapy		
Bill Florence	2000.	Emotional Episodes in psychothrapy		
Megan Gamble	2001	A Qualitative study of clients reported emotional change		
processes				
Sarah Handler	2001	Interruption of Emotion in Psychotherapy		
Fern Kagan. (2003) Client themes in the psychotherapy of depression				
Jacquie Forbes. (current) Resolving anger in psychotherapy				
Micheline Savard.(2004).Resolving emotional injury in psychotherapy				

Danita Peperlyak.(2004) Reported emotional arousal and outcome in the treatment of forgiveness

Fotoula Devereaux (2005). Emotion Episodes and change in psychotheraapy

VI. PUBLICATIONS

Books:

Rice, L. & Greenberg, L. (Eds.) (1984). <u>Patterns of change: An intensive</u> analysis of psychotherapeutic process. New York: Guilford Press.

- Greenberg, L. & Pinsof, W. (Eds.). (1986). <u>Psychotherapeutic process: A</u> research handbook. New York: Guilford Press.
- Greenberg, L. & Safran, J. (1987). <u>Emotion in Psychotherapy: Affect, cognition and the process of change</u>. New York: Guilford Press.
- Greenberg, L. & Johnson, S. (1988). <u>Emotionally focused couples therapy</u>. Guilford Press.
- Daldrup, L., Beutler, L., Engle, D. & Greenberg, L. (1988). <u>Focused expressive</u> psychotherapy: Freeing the over- controlled patient. N.Y. Guilford.
- Safran, J. & Greenberg, L. (Eds.) (1991). <u>Emotion, Psychotherapy & Change</u>. New York: Guilford.
- Greenberg, L. Rice, L. & Elliott, R. (1993). <u>Facilitating Emotional Change</u>: <u>The Moment-by-Moment Process</u>: New York Guilford Press. (Translated into Spanish, Italian, German & Japanese).
- Horvath, A. & Greenberg, L. (Eds.) <u>The Working Alliance: Theory, Research and Practice.</u> N. Y. John Wiley. (1994).
- Johnson, S. & Greenberg, L. (Eds.) (1994). <u>The heart of the matter</u>. <u>Emotion in marriage and marital therapy</u>. New York, Bruner Mazel.
- Greenberg, L. & Paivio, S. (1997). <u>Working with Emotion in Psychotherapy</u>. New York Guilford Press. (Translated into Spanish & Italian).
- Bohart, A. & Greenberg, L. (Eds.) (1997). <u>Empathy Reconsidered: New Directions in Theory Research & Practice</u>. Washington, D.C. APA Press.
- Greenberg, L. Watson, J. & Lietaer, G. (Eds). (1998). <u>Handbook of Experiential</u> therapy. New York: Guilford Press.(translated into Italian)
- Greenberg, L. (2000). <u>Emociones: Una Guia Interna. Cuales Sigo y Cuales Na. Madrid.</u> <u>Desclee</u>. (In Spanish). Emotion: An internal guide: Which do I follow and which do I not?
 - Greenberg, L. (2002). <u>Emotion-focused therapy: Coaching clients to work through feelings</u>. Washington, D.C. American Psychological Association Press. (Translated in German and Korean).
 - Elliott R, Watson J Goldman, R, Greenberg L. (2004) *Learning Emotion focused therapy*. Washington. D.C. APA

Greenberg, L. Watson, J. (2005). *Emotion-focused therapy of Depression*. Washington. D.C. APA Press.

Watson, J., Goldman, R., & Greenberg, L. (in press) Case studies of Emotion-focused therapy of Depression. Washington. D.C. APA Press.

Books in Preparation:

Greenberg, L. & Goldman, R. Advances in emotionally focused couples therapy. Washington, D.C. APA Press.

Recent Book Reviews:

Greenberg, L. (1988). Symptom as battle between the sexes. Review of J. Hafner. Marriage and Sex Role Stereotyping. Contemporary Psychology.

Greenberg, L. (1988). Therapist Pass or Fail? Therapy as disconfirmation of a pathogenic belief, Contemporary Psychology.

Greenberg, L. (1988). Review of A. Mahrer's. The Process of Experiential Psychotherapy. Canadian Psychologist.

Greenberg, L. (1988). Response to Mahrer. Canadian Psychologist.

Greenberg, L. (1989). Review of K. Dobson (Ed.). Handbook of Cognitive Therapy. Canadian Psychologist.

Greenberg, L. (1995). Unity in diversity. Norcross, J. & Goldfried, M. (Eds.). Review of Handbook of Psychotherapy Integration. Contemporary Psychology.

Greenberg, L. (1997). Gestalt therapy. Rough diamond. Perls, F. Hefferline, R. & Goodman, P. Gestalt therapy. Dell. Contemporary Psychology. 42, pp196-198.

Greenberg,L (2001) Plutchik R. Emotions in the practice of psychotherapy. Psychotherapy research.

Greenberg, L. (2001). Bar-On R & Parker, J. Handbook of Emotional Intelligence. SanFrancisco. Jossey Bass

Greenberg, L (2002) The Rogers Buber Debate: A reflection. Gestalt review.

Greenberg, L (2003) The wisdom of emotion. A. Mayer & P. Salovey. Cognitive Psychotherapy

- Greenberg, L (2003). Emotions , Qualia and Consciousness A. Kaznizk. Consciousness and Emotion
- Greenberg, L (2004). Preface: Relationship at the Centre Whurr Publishers. London: Godfrey Barrett-Lennard.

Chapters:

- Kahn, S. & Greenberg, L. (1980). Beyond a cognitive-behavioral approach: congruent assertion training, in C.S. Adamec (Ed.), <u>Sex-roles: origins, influences and implications for women</u>. Eden Press, 124-135.
- Kahn, S.E. & Greenberg, L.S. (1982). Expanding sex-role definitions by self-discovery. In N. Colangelo, C. Foxley, & R. Dustin (Eds.), <u>Multicultural non-sexist education: A human relations approach</u>. Dubuque, IA: Kendall/Hunt.
- Greenberg, L. (1983). Psychotherapy process research, in E. Walker (Ed.), Handbook of Clinical Psychology. New York Dorsey.
- Greenberg, L. (1983). The relationship in Gestalt therapy. In M. Lambert (Ed.), <u>The Psychotherapeutic Relationship</u>. New York: Dorsey Press.
- Greenberg, L. (1984). Task analysis: The general approach. In L. Rice & L. Greenberg (Eds.), <u>Patterns of Change: Intensive Analysis of Psychotherapeutic</u> process. New York: Guilford Press.
- Greenberg, L. (1984). Task analysis of intrapersonal conflict. In L. Rice & L. Greenberg (Eds.) <u>Patterns of Change: Intensive Analysis of Psychotherapy</u>. New York: Guilford Press.
- Horvath, A. & Greenberg, L. (1986). Development of the working alliance inventory. In L. Greenberg & W. Pinsof (Eds.), <u>Psychotherapeutic Process: A research handbook</u>. New York: Guilford Press.
- Greenberg, L. (1986). Research strategy. In L. Greenberg & W. Pinsof (Eds.), <u>Psychotherapeutic Process: A research handbook</u>. New York: Guilford Press.
- Greenberg, L. & Johnson, S. (1986). Emotionally focused couples treatment: An integrated affective systemic approach. In N. Jacobson, & A. Gurman, (Eds.), <u>Clinical</u> handbook of marital therapy. Guilford Press.
- Safran, J. & Greenberg, L. (1986). Hot cognition and psychotherapy process: An information processing/ecological perspective. In P. Kendall (Ed.). <u>Advances in cognitive behavioral research and therapy</u>. (Vol. 5).

- Safran, J. & Greenberg, L. (1987). Affect and the unconscious: A cognitive perspective. In R. Stern (Ed.) <u>Theories of the Unconscious</u>. Hillsdale, N.J.: The Analytic Press.
- Greenberg, L. & Safran, J. (1987). Affect, cognition and action. In H. Eysenck, & I. Martin, (Eds.) Theoretical foundations of behaviour therapy. N.Y.:Plenum.
- Greenberg, L., Safran, J., & Rice, L. (1989). Experiential therapy and its relation to cognitive therapy. In A. Freeman, L. Beutler, H. Arkowitz (Eds). <u>Handbook of</u> Cognitive Therapy. N. Y. Plenum.
- Clarke, K. & Greenberg, L., (1988). Clinical research on gestalt methods in F. Watts (Ed.) <u>Clinical Psychology, Volume two</u>. N.Y. John Wiley.
- Safran J. & Greenberg, L., (1989). The treatment of anxiety and depression: The process of affective change, in P. Kendall & D. Watson (Eds.) <u>Anxiety and depression</u>, <u>destructive and overlapping features</u>. Orlando Academic Press.
- Greenberg, L. & Johnson, J. (1990). Emotional change processes in couples therapy. In E. Blechman & M. McEnroe (Eds.) <u>For better or worse: How families influence emotional health</u>. Lawrence Erlbaum.
- Greenberg L. & Safran J., (1990). Emotional change processes. In Plutchik, R. & Kellerman, H. Emotion in Psychopathology.
- Greenberg L., Elliott, R., Foerster, K., (1990). Experiential processes in the psychotherapeutic treatment of depression. In. D. McCann & N. Endler (eds.) <u>Depression: New directions in research theory and practice</u>. Toronto. Wall & Thompson.
- Rice L. & Greenberg, L., (1991). Two affective events from client centered therapy. In J. Safran, & L. Greenberg (eds.). <u>Emotion Psychotherapy and Change</u>. New York Guilford Press.
- Rice L. & Greenberg, L., (1991). Fundamental dimension in experiential therapy. In G. Lietar. <u>Developments in client centered and experiential therapy</u>. University of Leuven Press Belguim.
- Greenberg L., Rice, L., Rennie, D. and Toukmanian, S., (1991). The York Psychotherapy Research Programme. In G. Van de Boss. & L. Beutler (Eds.) Psychotherapy research. Arlington APA publications.
- Greenberg, L. & Rhodes, R. (1991) Emotional change processes. In R. Curtis & G. Stricker. <u>How do people change</u>. N.Y. Plenum

- Goldfried, M., Greenberg, L., Marmar, C. (1991). Individual Psychotherapy: Annual Review of Psychology.
- Greenberg, L. & Horvath, A. Role de l'alliance therapeutique apprecie par la recherche sur les psychotherapies. In P. Gerin & A. Dazord, <u>Recherches cliniques</u> "planifiees" sur les psychotherapies. INSERM, Paris.
- Rice, L. & Greenberg, L. (1993). Humanistic Psychotherapy. D. K. Freedheim & Associates. <u>History of Psychotherapy: A Century of Change</u>. American Psychological Association.
- Greenberg, L. (1992). Task Analysis: Identifying components of intrapersonal conflict resolutions. In S. Toukmanian & D. Rennie. <u>Psychotherapy Process Research</u>. Sage.
- Greenberg, L. (1993). Emotional Change Processes in Psychotherapy. In M. Lewis & J. Haviland. <u>Handbook of Emotion</u>. N.Y. Guilford Press, pp. 499-510.
- Johnson, S. & Greenberg, L. (1995). Emotionally Focused Couples Therapy: In M. Jacobson & A. Gurman (Eds.) <u>Clinical Handbook of Marital Therapy</u>, Vol. II, Guilford Press.
- Greenberg, L. & Foerster, F. (1994). Task Analysis. In I. Caro. <u>Process</u> <u>Research Approaches</u>. (In Spanish).
- Greenberg, L. Elliott, R. & Lietar, G. (1994). Research on Experiential Psychotherapy. In A. Bergin & S. Garfield. <u>Handbook of Psychotherapy & Behavior Change</u>. N.Y. Wiley.
- Greenberg, L. (1994). The investigation of change: Its measurement and explanation. In R. Russel (Ed.) <u>Reassessing Psychotherapy Research</u>. New York, Guilford Press, pp. 114-143.
- Rhodes, R. & Greenberg, L. (1994). Investigating the process of change: Clinical applications of process research. In P. Forrest Talley, H. Strupp & S. Butler (Eds.) <u>Psychotherapy Research Practice: Bridging the gap.</u> N.Y. Basic Books, pp. 227-245.
- Watson, J. & Greenberg, L. (1994). The therapeutic alliance in experiential therapy. In A. Horvath & L. Greenberg (Eds.). <u>The working alliance: Theory, Research & Practice</u>. pp153-172) New York, John Wiley.
- Greenberg, L. (1995). Acceptance in Experiential Psychotherapy. In S. Hayes, N. Jacobson, V. Follette, & M. Dougher. <u>Acceptance and Change</u>. Context Press, Reno, Nevada.

- Elliott, R. & Greenberg, L. (1995). Experiential Therapy in Practice: The Process-Experiential Approach. In B. Bongar & L. Beutler (Eds.). <u>Theories and Practice of Psychotherapy</u>, Oxford University Press, pp. 123-139.
- Greenberg, L. & Pascual-Leone, J. (1995). A dialectical constructivist approach to experiential change. In R. Neimeyer & M. Mahoney, <u>Constructivism in Psychotherapy</u>.(pp 169-194) Washington, D.C. APA Press.
- Greenberg, L. (1996). Allowing and accepting emotional experience. In R. Kavanaugh, B. Zimmerberg-Glick & S. Fein (Eds.) <u>Emotion: Interdisciplinary Perspectives</u>. New Jersey, Lawrence Erlbaum Associates, pp 315-336.
- Korman, L. & Greenberg, L. (1996). Emotion and Therapeutic Change. In J. Panksep (Ed.), <u>Advances in Biological Psychiatry</u>, New York, JAI Press Inc., pp. 1-25, Vol. 2.
- Watson, J. & Greenberg, L. (1996). Emotion and Cognition in Experiential Therapy: A Dialectical-constructivist Position. In Rosen, H. & Kuelwein, K. (Eds.). Constructing Realities: Meaning-Making Perspectives for Psychotherapists.(pp253-276) San Francisco Jossey-Bass.
- Watson, J., Goldman, R. & Greenberg, L. (1996). Differential change processes in experiential therapy. In R. Hutterer, P. Schmid (Eds.) <u>Client Centred and Experiential Therapy: Current Development</u>. Vienna: P. Lang Press.
- Greenberg, L. & Heatherington, L. & Friedlander, M. (1996). The Events-based Approach to Couple and Family Therapy Research. In D. Sprenkle and S. Moon Research Methods in Family Therapy. New York. The Guilford Press.
- Goldman, R. & Greenberg, L. (1997). Case formulation in experiential therapy. In T. Ells <u>Handbook of Psychotherapy Case Formulation</u>. (pp. 402-429). N.Y. Guilford Press.
- Greenberg, L. & Elliott, R.(1997). Varieties of emotional expression In: Bohart, A. & Greenberg, L. (Eds.) (1997). <u>Empathy Reconsidered: New Directions in Theory Research & Practice</u>. Washington, D.C. APA Press.
- Greenberg, L. & Rice, L. (1997). <u>Humanistic Psychotherapy</u>. In P. Wachtel & S. Messer. Theories of Psychotherapy. Washington, D.C. APA Press.
- Greenberg, L. & Pascual-Leone, J. (1997). Emotion in the creation of personal meaning. In M. Power and C. Brewin. <u>Transformation of meaning</u>.(pp157-174) London: John Wiley.

- McMain, S., Goldman, R. & Greenberg, L. (1996). Resolving unfinished business: A program of study. In W. Dryden Research & Practice in Psychotherapy, 211-232.
- Greenberg, L. & Watson, J. (1998). The Treatment of Depression in Experiential Therpies. In R. Fuhr, M. Sreckowic, and M. Gremmler-Fuhr. <u>Das Handboek Der Gestalt Therapie</u>. Gottingen: Edition Humaniticsche Psicologie.
- Watson J. & Greenberg, L. (1998). The Alliance in Short Term Experiential Therapy. In J. Safran & C. Muran (Eds.). <u>The Therapeutic Alliance in Brief Psychotherapy</u>. (pp123-146) New York: Guilford Press.
- Watson, J. & Greenberg, L. (1998). Humanistic and Experiential Personality Theory. In D. Barone, V. Van Hasselt, and M. Hersen (Eds.). <u>Advanced Personality</u>. New York: Plenum Publ. Corp.
- Watson, J., Greenberg, L. & Lietaer, G. (1998). The History of Experiential Psychotherapy. In L. Greenberg, G. Lietaer, & J. Watson (Eds.). <u>Handbook of Experiential Psychotherapy</u>. Foundations and Differential Treatment (pp3-27) New York: Guilford.
- Greenberg, L., Watson, J. & Goldman, R. (1998). The Treatment of Depression in Process-Experiential Therapy. In L. Greenberg, G. Lietaer, & J. Watson (Eds.). <u>Handbook of Experiential Psychotherapy: Foundations and Differential Treatment</u>.(pp227-248) New York. Guilford.
- Greenberg, L., Lietaer, G. & Watson, J. (1998). Experiential Therapy: Future directions. In L. Greenberg, J. Watson & G. Lietaer, (Eds.). <u>Handbook of Experiential Psychotherapy: Foundations and Differential Treatment</u>.(451-466) New York. Guilford Press.
- Greenberg, L. & van Balen, (1998). Theory of Experience Centered Therapy. In L. Greenberg, J. Watson & G. Lietaer, (Eds.). <u>Handbook of Experiential Psychotherapy:</u> <u>Foundations and Differential Treatment</u>, (pp28-57) New York. Guilford Press.
- Watson J.C. & Greenberg.L.S (1998) Humanistic and experiential personality theory. In D Barone, v, Van Hasselt, & M Hersen(Eds) <u>Advanced personality</u>(pp81-102) New York: Plenum.
- Paivio, S. & Greenberg, L. (1998). Experiential Theory of Emotion Applied to Anxiety and Depression. In William F. Flack, Jr. & James D. Laird, (Eds.). Emotions in Psychopathology: Theory & Research. New York. Oxford University Press.

- Greenberg L. (2000). Emotion, experiencing and empathy. In J Marques-Teixeira & S Antunes (Eds). Client Centered and Experiential Psychotherapy. Linda a Velha. Portugal. Vale & Vale.
- Greenberg L. (2000). How therapists change. From certainty through chaos to complexity. In M. Goldfried (Ed), How therapists change. New York. Guilford Press.
- Whelton, W. & Greenberg, L. (2000). The Self as a Singular Multiplicity: A Process Experiential Perspective. In J. Muran, <u>Self-relations in the psychotherapy process</u>. (pp87-106). Washington, DC. APA Press.
- Greenberg, L. & Whelton, W. (2000). A dialectical rather than a paradox. In J Muran <u>Self-relations in the psychotherapy process(p 131-136)</u>. Washington, DC. APA Press.
- Malcolm, W. and Greenberg, L. (2000). Forgiveness as a process of change in individual psychotherapy, in M. McCullough, K. Pargament, & C. Thorensen (editors). Forgiveness: Theory, Research and Practice. New York, NY: Guilford Press.
- Greenberg, L. Korman, L & Paivio,S.(2001) Emotion in Humanistic therapy. In D. Cain & J Seeman, (Eds). <u>Humanistic psychotherapies: Handbook of research and practice</u>. Washington D.C. APA. Press.
- Greenberg, L. & Geller, S. (2001). Congruence & Therapeutic Presence. In G.Wyatt&P Saunders. <u>Rogers' therapeutic conditions: Congruence.V.1.pp</u> 131-149 PCCS Books. Ross-on Wye. Herefordshire.
- Greenberg L., Experiential psychotherapy. (2001) N. J. Smelser and Paul B. Baltes (editors) <u>International Encyclopaedia of the Social & Behavioral Sciences.pp5067-5071</u>. Pergamon, Oxford.
- Whelton, W & Greenberg, L. (2002). Psychological contact as dialectical construction. In G. Wyatt & P Sanders (ed). Contact and Perception. V.4. 96-115. PCCS Books. Ross-on Wye. Herefordshire.
- Greenberg, L.& Elliott R (2002). Emotion Focused Therapy: A Process Experiential Approach. In J Lebow and F Kaslow(Eds.). <u>Comprehensive Handbook of Psychotherapy</u>, pp. 213-241. New York: John Wiley & Sons.
- Bohart A., Elliott, R., Greenberg, L. Watson, J (2002). Empathy. In J. Norcross (Ed). The empirically validated relationship. Washington A.P.A. press.
- Greenberg L., Rosenberg R. (2002). Therapist experience of empathy: In J.C.Watson, R.N.Goldman & M. Warner (Eds.). <u>Client-centred and experiential</u>

- psychotherapy in the 21st century: Advances in theory, research and practice. PCCS Books. Ross-on Wye. Herefordshire
- Greenberg, L.S. & G. Lietaer (2002), Integratie van affect, gedrag en cognitie in psychotherapie'. In: E. Collumbien, S. Colijn, G. Lietaer & R. Trijsburg (eds) <u>Handboek integratieve psychotherapie</u>, (V.IIpp. II-6.1, 1-34). Utrecht (the Netherlands):De Tijdstroom.
- Greenberg, L., Elliott, R., & Lietaer, G. (2003). Humanistic-Experiential Psychotherapy. In G. Stricker & T Widiger (Eds) <u>Handbook of Psychology Vol. 8</u> Clinical Psychology.p301-326. Hoboken. New Jersey. John Wiley and sons, Inc
- Elliott R, Greenberg, L. Lietaer, G.(2003). Research on Experiential Psychotherapy. In M.Lambert (Ed.) <u>Bergin & Garfield's Handbook of Psychotherapy & Behavior Change</u>.(pp 493-539) N.Y. Wiley.
- Greenberg L, & Angus, L. (2004). The contributons of Emotion process to narrative change in psychotherapy: A dialectical constructivist perspective. In L. Angus & J. Mc Leod. The Handbook of Narrative and Psychotherapy. (pp. 331-350) Sage.
- Whelton W. & Greenberg L. (2004). From discord to dialogue: Internal voices and the reorganization of the self in Process-Experiential therapy In H. Hermans &G. Di Maggio (Eds). The Dialogical Self.
- Pascual-Leone, A. & Greenberg, L. (in press). Insight, awareness, and change in experiential therapy. In Castonguay, L. & Hill C.(Eds) Insight. Washington, DC. APA Press.
- Follette, W & Greenberg L. (2005). Principles for the Treatment of Dysphoric Mood in Castonguay, L., & Beutler, L. Empirically Supported Principles of Psychotherapy. New York. Norton
- Greenberg. L. & Watson. J. (2005). Change process research and evidence based practice. In J. Norcross, L.Beutler & R. Levant. Evidence Based Practice Press in Mental Health. Washington, DC. APA Press.
- Greenberg, L. Emotions in Interpersonal Conflict Resolution. (in press). In A.Meier Conflict resolution.
- Goldman, R. & Greenberg, L. (in press). Promoting Emotional Expression and Emotion regulation in couples. In D. K. Snyder, J. A. Simpson, & J. N. Hughes (Eds.) *Emotion regulation in families: Pathways to dysfunction and health*. Washington, DC: American Psychological Association.

- Malcolm, W., Warwar, S. & Greenberg, L. (2005) Facilitating forgiveness in individual therapy as an approach to resolving interpersonal injuries. In E. L. Worthington, Jr. (Ed.) The Handbook of Forgiveness. (pp.379-393) New York. Routledge
- Ellison, J. & Greenberg, L. (in press) Homework in experiential emotion-focused therapy. In N. Kazantzis, & L'Abate. (Eds). Handbook of Homework Assignments in Psychotherapy: Research, Practice, and Prevention. New York. Springer Publishers.
- Greenberg L & Bischkopf (in press). Anger in Psychotherapy: To Express or not to Express? That is the Question. In T Cavell Anger and Aggression.
- Hill, C. E., Castonguay, L. G., Elliott, R., Gelso, C. J., Goldfried, M. R., Stiles, W. B., Angus, L. Arnkoff, D. B., Barber, J. P., Bohart, A. C., Borkovec, T., Bowman, E., Caspar, F., Crits-Christoph, P., Cruz, J., Friedlander, M. L., Gibbons, M. B., Glass, C. R., Greenberg, L. S., Grosse-Holtforth, M., Hayes, A. M., Hayes, J., Haverkamp, B. E., Heatherington, L., Knox, S., Ladany, N., Messer, S. B., Pascual-Leone, A., Safran, J., Schottenbauer, M. A., Vernon, R. F., & Wampold, B. E. (in press). Conclusions about insight in psychotherapy: Definitions, antecedents, consequences, and research directions. In L. G. Castonguay & C. E. Hill (Eds.). *Insight in psychotherapy*. Washington, DC: American Psychological Association.

Papers:

- Greenberg, L. (1967). Radioactive waste treatment, the fulcrum. <u>Journal of the Engineers' Council</u>. University of the Witwatersrand, <u>11</u>, 29-36.
- Greenberg, L. (1970). Computer optimization of hydrostatic drives systems, Report No. 1, Centre for Applied Research and Design, McMaster University.
- Greenberg, L. (1977). Gestalt approach to skill training. Video tape training module, U.B.C. July.
- Greenberg, L. & Johnson, N. (1978). The authentic teacher. <u>Teacher Education</u>, October, 74-85.
- Greenberg, L. & Kahn, S. (1978). Experimentation: A Gestalt approach to counselling. <u>Canadian Counsellor</u>, 13, 23-27.
- Greenberg, L. (1979). Resolving splits: Use of the two chair technique. Psychotherapy, Theory & Practice, 16, 310-318. A.P.A. Journal Division 29.

- Greenberg, L. & Clarke, K. (1979). The differential effects of the two-chair experiment and empathic reflections at a split. <u>Journal of Counseling Psychology</u>, A.P.A. Journal Division 17.
- Greenberg, L. & Kahn, S. (1979). The stimulation phase of counselling. Counsellor Education and Supervision, 19, 137-145.
- Rice, L., Koke, C., Greenberg, L. & Wagstaff, A. (1979). <u>Manual for Client Vocal Quality</u>. Counselling and Development Centre, York University.
- Greenberg, L. (1980). The intensive analysis of recurring events from the practice of Gestalt therapy. <u>Psychotherapy, Theory, Research & Practice, 17</u>, 143-152. A.P.A. Journal Division 29.
- Greenberg, L. (1980). Training counsellors in Gestalt methods. <u>Canadian</u> Counsellor, 15, 174-180.
- Greenberg, L. & Kahn, S. (1980). Stimulating client exploration and understanding. Journal of College Student Personnel, 21, 235-240.
- Greenberg, L. & Higgins, H. (1980). The differential effects of two-chair dialogue and focusing on conflict resolution. <u>Journal of Counseling Psychology</u>, 27, 221-225, A.P.A. Journal Division 17.
- Greenberg, L. & Safran, J. (1980). Encoding, information processing and cognitive behavioral therapy. Canadian Psychology, 21, 59-66.
- Kahn, S. & Greenberg, L. (1980). Expanding sex role definitions by self discovery. <u>Personnel and Guidance Journal</u>, 59, 220-225.
- Greenberg, L. & Rice, L. (1981). The specific effects of a Gestalt intervention. Psychotherapy, Theory, Research & Practice, 18, 31-37. A.P.A. Journal Division 29.
- Greenberg, L. (1981). Advances in clinical intervention research: A decade review of Canadian research. <u>Canadian Psychology</u>, <u>22</u>, 23-24.
- Greenberg, L. & Safran, J. (1981). Encoding and cognitive therapy: Changing what clients attend to. <u>Psychotherapy. Theory, Research & Practice</u>, <u>8</u>, 163-169.
- Greenberg, L. & Dompierre, L. (1981). The specific effects of Gestalt two-chair dialogue on intrapsychic conflict in counselling. <u>Journal of Counselling Psychology</u>, 28, 288-294.
- Greenberg, L. & Webster, M. (1982). Resolving decisional conflict: Relating process to outcome. <u>Journal of Counselling Psychology</u>, 29, 478-477.

- Safran, J. & Greenberg, L. (1982). Eliciting hot cognitions in cognitive behaviour therapy: Rationale and procedural guidelines. <u>Canadian Psychology</u>, 23, 83-87.
- Safran, J. & Greenberg, L. (1982). Cognitive appraisal and reappraisal implications for clinical practice. <u>Cognitive Therapy & Research</u>, 6, 251-258.
- Greenberg, L. (1983). Toward a task analysis of conflict resolution. Psychotherapy, Theory, Research & Practice, 20, 190-201.
- Greenberg, L. & Safran, J. (1984). Integrating affect and cognition: A perspective on the process of therapeutic change. <u>Cognitive Therapy and Research</u>, 8, 559-578.
- Greenberg, L. & Sarkissian, M. (1984). Evaluation of counselor training in Gestalt methods. <u>Counselor Education & Supervision</u>, 23, 328-340.
- Greenberg, L. & Safran, J. (1984). Hot cognitions: Emotion coming in from the cold. A reply to Rachman & Mahoney. <u>Cognitive Therapy and Research</u>, 8, 591-598.
- Johnson, S. & Greenberg, L. (1985). Differential effects of experiential and problem solving interventions in resolving marital conflict. <u>Journal of Consulting and</u> Clinical Psychology, 53, 175-184.
- Greenberg, L. (1985). An integrative approach to the relationship in counseling & psychotherapy. The Counseling Psychologist, 13, 251-261.
- Johnson, S. & Greenberg, L. (1985). Emotionally focused marital therapy: An outcome study. <u>Journal of Marital and Family Therapy</u>, 11, 313-317.
- Clarke, K. & Greenberg, L. (1986). The differential effects of Gestalt two chair dialogue and cognitive problem solving in resolving decisional conflict. <u>Journal of Counseling Psychology</u>, <u>33</u>, 11-15.
- Greenberg, L. & Johnson, S. (1986). Affect in marital therapy. <u>Journal of</u> Marital and Family Therapy, 12, 1-10.
- Greenberg, L. & Johnson, S. (1986). When to evoke emotion and why: Process diagnosis in couples therapy. <u>Journal of Marital and Family Therapy</u>, <u>12</u>, 19-23.
- Greenberg, L. (1986). Change process research. <u>Journal of Consulting and Clinical Psychology</u>. Special Issue: <u>Psychotherapy Research</u>, 54, 4-9.

- Johnson, S. & Greenberg, L. (1987). Integration in marital therapy: Issues and Progress. <u>The International Journal of Integrative and Eclectic Psychotherapy</u>, 6, 202-215.
- Johnson, S. & Greenberg, L. (1987). Emotionally focused marital therapy: An overview. <u>Psychotherapy Theory</u>, <u>Research and Practice</u>, 24, 552-560.
- Greenberg, L. & Goldman, R. (1988). Training in Experiential Therapy. <u>Journal of Consulting and Clinical</u>, 56, 696-702.
- Greenberg, L. (1988). Constructive cognition: Cognitive Therapy Coming of Age. <u>The Counseling Psychologist</u>.
- Safran, J. & Greenberg, L. (1988). Feeling, Thinking and Acting: A cognitive framework for Psychotherapy Integration. <u>Journal of Cognitive Psychotherapy: An international quarterly.</u>
- Safran, J., Greenberg, L. & Rice, L. (1988). Integrating psychotherapy research and practice. Modelling the change process. Psychotherapy, 25, 1-17.
- Greenberg, L., James, P. & Conry, R. (1988). Perceived change processes in emotionally focused couples therapy. <u>Journal of Family Psychology</u>, <u>2</u>, 1-12.
- Greenberg, L. (1988). Don Juan is afraid? He needs to experience his core feelings and express them to his son. <u>Journal of Integrative & Eclectic Psychotherapy</u>.
- Greenberg, L. & Safran, J. (1989). Emotion in Psychotherapy. <u>American Psychologist</u>, <u>44</u>, 19-29.
- Johnson, S. & Greenberg, L. (1988). Curative principles in marital therapy. Family Psychology, 2, 28-32.
- Johnson, S. & Greenberg, L. (1988). Relating Process to Outcome in Marital Therapy. <u>Journal of Marital and Family Therapy</u>, 14, 175-183.
- Johnson, S. & Greenberg, L. (1989). The therapeutic alliance in marital therapy. Journal of cognitive psychotherapy: An international quarterly, 3(2), 97-110.
- Horvath, A. & Greenberg, L. (1989). The working alliance inventory. <u>Journal of Counseling Psychology</u>, 36, 223-233.
- Greenberg, L. (1991). Research on the process of change. <u>Psychotherapy</u> Research, 1, 14-24.

- Greenberg, L. (1991). Process Diagnosis of Levels of Emotional Processing. Journal of Psychotherapy Integration, 2(1), 19-24.
- Johnson, S. & Greenberg, L. (1991). There are more things in heaven and earth than are dreamt of in B.M.T.: A reply to Jacobson. <u>Journal of Family Psychology</u>, 4, 407-415.
- Goldman, A. & Greenberg, L. (1992). Comparison of an Integrated Systemic and Emotionally Focused Approach to Couples Therapy. <u>Journal of Consulting and Clinical Psychology</u>, 60(6), 962-969.
- Greenberg, L, Ford, C. Alden, L. & Johnson, S. (1993). In-session Change Processes in Emotionally Focused Therapy for Couples. <u>Journal of Consulting and Clinical Psychology</u>, 61, 68-84.
- Greenberg, L. & Korman, L. (1993). Integrating Emotion in Psychotherapy Integration. <u>Journal of Psychotherapy Integration</u>, 3, 249-266. (Translated into Spanish).
- Greenberg, L. (1994). What is real in the relationship. <u>Journal of Counseling Psychology</u>, 41, 307-309.
- Greenberg, L. (1995). The use of observational coding in family therapy research: Comment on Alexander et al.(1995). <u>Journal of Family Psychology</u>, 9(4),
- Greenberg, L. (1995). The Self is Flexibly Various and Requires an Integrative Approach. Journal of Psychotherapy Integration, 5(4), 323-230.
- Paivio, S. & Greenberg, L. (1995). Resolving Unfinished Business: Experiential therapy using empty chair dialogue. <u>Journal of Consulting & Clinical Psychology</u>, 63(3), 419-425.
- Goldman, R. & Greenberg, L. (1995). A process experiential approach to case formulation. <u>In Session, 1 (2)</u>, 35-51
- Watson, J. & Greenberg, L. (1995). The therapeutic alliance in experiential psychotherapy. In Session, 1 (1), 19-32.
- Greenberg, L. & Foerster, F. (1996). Resolving unfinished business: The process of change. <u>Journal of Consulting and Clinical Psychology</u>, 64(3), 439-446.
- Greenberg, L. & Newman, F. (1996). An Approach to Psychotherapy Change Process Research: Introduction to the Special Section. <u>Journal of Consulting & Clinical Psychology</u>, 64(3), 435-438.

- Watson, J. & Greenberg, L. (1996). Pathways to change in the Psychotherapy of Depression: Relating Process-to Session Change and Outcome. <u>Psychotherapy</u>, 33, (2), 262-274. (Special Issue on Outcome Research).
- Greenberg, L. & Paivio, S. (1997). Varieties of shame experience in psychotherapy. Gestalt Review, 1(3), 205-220.
- Greenberg, L. & Paivio, S. (1997). Integrating "Being" and "Doing" in Working with Shame. Gestalt Review, 1(3), 271-274.
- Elliott, R. & Greenberg, L. (1997). Multiple Voices in Process-Experiential Therapy: Dialogues Between Aspects of the Self. <u>Journal of Psychotherapy Integration</u>, 7(3), 225-239.
- Benjamin, L. S., Elliott, R. Fonagy, P., Greenberg, L. S. & Hermans, H. J.M. (1997). Multiple Voices: A Virtual Discussion. <u>Journal of Psychotherapy Integration</u>, <u>7</u>(3), 241-262.
- Elliott, R. & Greenberg, L. (1997). Multiple voices in process-experiential therapy: Dialogues between aspects of the self. <u>Journal of Psychotherapy Integration</u> 7(3), 225-240.
- Greenberg, L. & Johnson, S. (1998). Emotion in systemic therapies: Commentary. <u>Journal of Systemic Therapies</u>, <u>17(2)</u>, 126-133.
- Greenberg, L. & Mateu Marques, C. (1998). Emotions in couples systems. Journal of Systemic Therapies, 17(2), 93-107.
- Greenberg, L. & Paivio, S. (1998). Allowing Painful Emotional Experiences. The International Journal of Action Methods, 51, 97-62.
- Greenberg, L. & Watson, J. (1998). Experiential Therapy of Depression: Differential Effects of Client-centred Relationship Conditions and Process Experiential Interventions. <u>Psychotherapy Research</u>, 8(2), 210-224.
- Greenberg, L. (1999). L'emotion dans la psychotheerapie constructivisite. Revue Francophone de Clinique Comportementale et Cognitive, 4(3), 14-23.
- Honos-Webb, L., Stiles, W. B., Greenberg, L. S., & Goldman, R. (1998). Assimilation analysis of process-experiential psychotherapy: A comparison of two cases. <u>Psychotherapy Research</u>, 8, 264-286.
- Honos-Webb, L., Surko, M., Stiles, W. & Greenberg, L. (1999). Assimilation of voices in psychotherapy: The case of Jan. <u>Journal of Counseling Psychology</u>, 46(4), 448-460.

- Johnson, S. M., Hunsley, J., Greenberg, G., & Schindler, D. (1999). Emotionally focused couples therapy: Status and challenges. <u>Clinical Psychology: Science and Practice</u>, 6(1), 67-79.
- Machado, P., Beutler, L. & Greenberg, L. (1999). Emotion Recognition in Psychotherapy: Impact of Therapist Level of Experience and Emotional Awareness. <u>The Journal of Clinical Psychology</u>, <u>55(1)</u>, 39-57.
- Paivio, S.C., & Greenberg, L.S. (2000) Emotionally focused treatment of interpersonal trauma. *NC-PTSD Clinical Quarterly*, *9*, 22-29.
- Weerasekera, P., Linder, B., Greenberg, L. & Watson, J. (2001). The Development of the Working Alliance in the Experiential Therapy of Depression. Psychotherapy Research.11(2), 221-234.
- Greenberg, L. (1999). Ideal psychotherapy research: A study of significant change processes. <u>Journal of Clinical Psychology</u>, 55(12), 1467-1480.
- Greenberg, L. & Bolger, L. (2001). An emotion -focused approach to the over-regulation of emotion and emotional pain. <u>Journal of Clinical Psychology: In-Session</u>. 57(2), 197-211.
- Paivio, S. & Greenberg, L. (2001). Introduction to Special Issue on Treating Emotion Regulation Problems in Psychotherapy. <u>Journal of Clinical Psychology: In-Session</u>, 57(2), 153-155.
- Greenberg, L., & Pascual-Leone, J. (2001). A Dialectical Constructivist view of the Creation of Personal Meaning. <u>Journal of Constructivist Psychology</u>, 14(3), 165-186.
- Greenberg, L., Bohart, A., Elliott, R., & Watson, J. (2001). Empathy. Psychotherapy, 38(4), 380-385.
- Greenberg, L. (2002). Integrating an Emotion Focused Approach to Treatment into Psychotherapy Integration. Psychotherapy Integration, 12, 2, 154-190.
- Greenberg, L. (2002). Termination in experiential psychotherapy. <u>Psychotherapy Integration</u>, 12, 3, 248-257.
- Greenberg, L. & Malcolm, W. (2002). Resolving Unfinished Business: Relating Process to Outcome. <u>Journal of Consulting & Clinical Psychology</u>, <u>70</u>, <u>2</u>, 406-416.
- Greenberg, L. (2003). Evolutionary perspectives on emotion: Making sense of what we feel. <u>Journal of Cognitive Psychotherapy</u>, 16, 331-348.

- Geller, S. & Greenberg, L. (2002). Therapeutic presence: Therapists experience of presence in the psychotherapy encounter in psychotherapy. <u>Person Centered & Experiential Psychotherapies</u>, 1, 71-86.
- Honos-Webb, L., Stiles, W. & Greenberg, L. (2003). A Method of Rating Assimilation in Psychotherapy Based on Markers of Change. <u>Journal of Counseling</u> Psychology.
 - Greenberg, L. (2003). Emotion-focused work in Gestalt therapy. Gestalt Review.
- Pos, A. E., Greenberg, L. S., Korman, L. M., & Goldman, R. N. (2003). Emotional processing during experiential treatment of depression. <u>Journal of Consulting and Clinical Psychology</u>, 71(6), 1007-1016.
- Greenberg, L. (2004). Emotion-focused therapy. Clinical Psychology and Psychotherapy (special issue), <u>11</u>, 3-16.
- Greenberg, L. (2004). Introduction to Emotion-focused Therapy. <u>Clinical Psychology and Psychotherapy</u> (special issue), <u>11</u>, 1-2.
- Greenberg, L. (2004). Being and doing in psychotherapy. <u>Person Centered & Experiential Psychotherapies</u>, 3, 52-65.
- Osatuke, K., Glick, M., Stiles, W., Greenberg, L., Shapiro, D., Barkham, D. (2005). Temporal patterns of improvement in client-centered and cognitive behavioural therapy. Counselling Psychology Quarterly, 18, 95-108
- Missirlian, T., Toukmanian, S., Warwar, S. &. Greenberg, L. (2005). Emotional Arousal, Client Perceptual Processing, and the Working Alliance in Experiential Psychotherapy for Depression. <u>Journal of Consulting & Clinical Psychology</u>.
- Whelton, W. Greenberg, L. (2005). Emotion in Self-criticism. Personality and Individual Differences.
- Greenberg, L. & Warwar, S. (In press). Homework in Experiential psychotherapy. <u>Psychotherapy Integration</u>,
- Goldman, R. & Greenberg, L. Pos A.(2005). Depth of Emotional Experience and Outcome. Psychotherapy Research.15, 248-260

Goldman, R., Greenberg, L. & Angus, L. (in press) The Effects of Adding Emotion-focused Interventions to the Therapeutic Relationship in the Treatment of Depression. Psychotherapy Research.

Frankel, Z., Levitt, H., Murray, D., Greenberg, L., & Angus, L. (in press). Assessing Silent Processes in Psychotherapy: An Empirically Derived Categorization System and Sampling Strategy. Psychotherapy Research

Greenberg, L. (in press). A guide to conducting a task analysis of psychotherapeutic change. Psychotherapy Research

Glick,M, Stiles,W, Salvi, L,Greenberg, L (in press) Building a Meaning Bridge: Therapeutic progress from problem formulation to understanding. Journal of Counseling Psychology

Technical:

- 1989 Integrative Psychotherapy. Video tape series on Interactive Psychotherapy. Psycho Educational Films.
- 1994 Process Experiential Therapy. Psychotherapy Video tape series. Washington, D.C. American Psychological Association Press.
- 2004 Emotion-focused Therapy of Depression 1 & 2. DVD. Treatment of specific populations. Washington, D.C. American Psychological Association Press.
- 2006 Emotion-focused therapy Overtime. DVD Washington, D.C. American Psychological Association Press.